

# INTERNET SAFETY PLEDGE

I will get to know the services, apps and websites my child uses. If I don't know how to use them, I'll get my child to show me how.

I will set reasonable rules and guidelines for device use by my children and will discuss these rules with them. I'll remember to monitor their compliance with these rules, especially when it comes to the amount of time they spend on their devices. We will revisit the rules as my child grows older.

I promise to model good behavior with my own devices, including safe use while driving and not allowing my device use to interfere with family time.

I will not overreact if my child tells me about a problem he or she is having online. Instead, we'll work together to try to solve the problem and prevent it from happening again.

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Parent(s) signature